

# Erbil Journal of Nursing and Midwifery (EJNM)

## Instructions for Authors

Dear Author/s,

Thank you very much for your interest in publishing with Erbil Journal of Nursing and Midwifery (EJNM). EJNM is the official journal of the College of Nursing/Hawler Medical University in Erbil City. EJNM is a peer-review, open access, online and print system journal, which is published biannually. The journal welcomes submissions of original and significant contributions.

### Scope and Essential criteria

EJNM aims to publish peer-reviewed manuscripts of regional and international interest. The editors welcome papers that develop and promote knowledge and practice that is directly relevant to all spheres of health care especially nursing and midwifery globally. EJNM mission is to promote excellence in nursing, midwifery and health care through the dissemination of evidence-based, peer-reviewed clinical information and original research, discussion of relevant and controversial professional issues, and promotion of nursing and midwifery perspectives to the health care community and the public. Original articles, review articles, case reports, brief communications, insights and letters to the editor are all considered.

### General

A complete copy of the manuscript, written in English, accompanied by tables and set of figures (if applicable), should be submitted to the Editor for considering to be published through the [online submission system](#). After first steps of peer review and considering the article for publication.

### Authorship

Authorship must be based on having substantial contributions to conception and design, acquisition of data, or analysis and interpretation of data, drafting the article or revising it critically, and final approval of the version to be published. All contributors who do not meet the criteria for authorship should be listed in an acknowledgments section at the end of the article.

All authors must give their signed consent for publication in a pledge form, which should accompany the manuscript. The form contains the following statements:

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## **Open Access Policy**

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## **Review Process**

The editorial office of EJNM and the subject editors check each submitted manuscript for general quality, suitability and whether it conforms to the journal guidelines. Submissions that do not comply with the journal guidelines will be returned to the author (corresponding author) for correction before being considered for publication. All manuscripts are checked by the editorial office for plagiarism. If the manuscript is found suitable and acceptable in principle, it will be sent out for double-blind review. All reviewers treat the manuscript with the strictest confidentiality and must declare any conflicts of interest. Comments and suggestions from the reviewers are conveyed to the corresponding author. Revised manuscripts are subject to further review by the original reviewers and the responsible subject editors. The final decision as to acceptance or rejection lies with the Editor, with advice from the journal editorial board. The corresponding author will be advised of the final decision; acceptance or rejection of the manuscript, in a formal letter.

## **Editing**

The editorial office edits the papers selected for publication for brevity, clarity, grammar, spelling, and style. When the editing is extensive, with the possibility of altered meaning, queries are sent to the corresponding author by e-mail. A galley proof will be forwarded to the corresponding author before publication of accepted papers which must be returned to the journal office with specific comments if any. Corrections in the galley proof, in case any, must be limited to typographical errors, or missing contents only.

## **Manuscript Preparation**

The manuscript of EJNM should be typed in Microsoft-Word format as 'normal text' on one side of A4 size (29.7 x 21cm) paper in a single column format, one and a half spaced line. No artwork and/or special effects are acceptable for the text and/or table(s). Maintain a minimum of 2 cm margin on both sides of the text and a 3 cm margin at the top and bottom of each page. No part of the text other than abbreviations and/or subtitles shall be written in upper case (ALL CAPITAL). Header/footnotes, endnotes, lines drawn to separate the paragraphs or pages are not acceptable. Italics should not be used other than for foreign/Latin expressions and/or special terminologies such as names of microorganisms. Typing is with the normal, Times New Roman font with size 12 throughout the manuscript including all the headings, subheadings, text, tables and legends (figures).

The manuscript should be paginated consecutively, commencing with the title page and should not exceed 3500 words (except abstract and references). However, longer manuscripts for review articles and qualitative studies can be considered. Main headings, introduction, subjects, and methods, etc., should be placed on separate lines. Key Words should be preferably MeSH (Medical Subject Headings) terms, and must not duplicate words already in the manuscript title; MeSH terms can be checked at <http://www.nlm.nih.gov/mesh/MBrowse.html>.

#### **Original Articles:**

Title page, Abstract (in structured format for original articles) between 250 -300 words, Key words (maximum six), followed by Introduction, Methods, Results, Discussion, Conclusion, 3500 words (except abstract and references), Acknowledgement/s (if any), References, Legends to figures, Tables, and Figures.

#### **Review Articles:**

Title Page, Abstract of no more than 300 words, Key words (maximum six), followed by Introduction, Methods/History (if applicable), Literature Review, Conclusion, 3500 words (except abstract and references), Acknowledgement/s (if any), References, Legends to figures, Tables, and Figures. Each section should begin on a new page.

#### **Case Studies:**

Title page followed by Abstract (a summary of not more than 300 words), Key words, Introduction, Case history/report, Discussion, Conclusion, Acknowledgement/s (if any), References, Legends to figures, Tables, and Figures.

#### **Title Page**

The title page should include the following information:

1. Full title of manuscript without Abbreviation
2. Author(s) details: fullname, job title, and affiliations with qualifications.
3. Contact details for the corresponding author such as telephone number, mobile, e-mail address.

#### **Structured Abstract**

A structured abstract should be between 250-300 words, accurately reflect the content of paper and should be stated under the headings: backgrounds and objectives (stating what is already known about this topic), methods (design, sample, analysis methods), results (do not report p-values, confidence intervals and other statistical parameters) and conclusions (stating what this study adds to the topic and relevance to clinical practice). It should not include references or abbreviations, key words should be added (maximum six).

#### **Headings and subheadings**

Major headings such as methods, results and discussions should be typed bold in CAPITAL LETTERS and the left-hand margin. Subheadings such as samples, interventions, data analysis should appear typed bold at the left-hand margin with only the first letter of each word capitalized, additional subdivisions should be underlined only.

#### **INTRODUCTION**

States the purpose of the study, its importance, question the paper intends to answer followed by objectives.

## **METHODS**

Includes the study design, the populations or samples, inclusion and exclusion criteria used to select the sample, sample size estimation technique, tool and method of data collection, validity and reliability, definitions such as for diagnostic criteria, laboratory and intervention procedures, ethical consideration and statistical analysis methods. Provide the details only if the methods are original or essential for understanding, otherwise, provide references.

## **RESULTS**

The pertinent findings in a logical sequence with tables, chart, figures, and photographs as necessary to clarify the findings. Tables should place after references in sequences.

## **DISCUSSION**

Interpretation of results in the context of other research, or conceptual from works including conflicting evidence, the significance of the findings, limitation are stated, the applicability of conclusions and implications are clarified.

## **ACKNOWLEDGMENT**

All authors contributed to the study are specified in addition to authors accredited; sources of study funding, suppliers of materials should be named and included.

## **Ethical considerations**

Author(s) are expected to mention about the approval of regional, national, institutional or independent Ethics Committee or Scientific Committee, obtaining assent for children aged over seven years participating in the trial. The journal will not consider any paper which is ethically unacceptable. A relevant statement on ethics committee permission and ethical practices must be included in all research articles under methods section. All manuscripts reporting the results of an experimental investigation involving human subject should include a statement confirming that informed consent was obtained from each subject or subject's guardian, after approval of the experimental protocol by a local human ethics committee.

## **CONFLICT OF INTEREST**

Transparency of real and potential conflicts of interests that authors may have should be mentioned, if authors have no conflict of interest to report, the following statement should be written:

The authors (s) report no conflict of interests.

## **REFERENCES**

The reference style of EJNM is [Vancouver](#). The author(s) is/are responsible for the accuracy and completeness of the references and correct textual citation. Please refer to reference citations and listings in the text for proper format. Each piece of work which is cited in the text should have a unique number, assigned in the order of citation in the square brackets. Once a reference is cited, all subsequent citations should be to the original number. Where available, the DOI numbers to all the references listed in the reference list should be added. Use the style of the examples given below in listing the references:

### **Journal article**

Arrami M, Garner H. A tale of two citations. *Nature*. 2008;451(7177): 397–399.

Ramalho R, Helffrich G, Schmidt DN, Vance D. Tracers of uplift and subsidence in the Cape Verde archipelago. *Journal of the Geological Society*. 2010;167(3): 519–538. Available from: doi:10.1144/0016-76492009-056 [Accessed: 14th June 2015].

### **Book**

Watkins PJ. *ABC of Diabetes*. 5th ed. London: Blackwell Publishing; 2003.

Simons NE, Menzies B, Matthews M. *A Short Course in Soil and Rock Slope Engineering*. London: Thomas Telford Publishing; 2001.

Pears R, Shields G. *Cite them right: the essential referencing guide*. 3rd ed. Durham: Pear Tree Books; 2008.

### **Weblinks**

Goldacre B. Dore – the media’s miracle cure for dyslexia. *Bad Science*. Weblog. Available from: <http://www.badscience.net/2008/05/dore-the-medias-miracle-cure-for-dyslexia/#more-705> [Accessed 19th June 2015].

Goldacre B. Trivial Disputes. *Bad Science*. Weblog. Available from: <http://www.badscience.net/2008/02/trivial-disputes-2/> [Accessed 19th June 2015].  
*Institution/Organization*

Department of Health. *Living well with dementia: a national dementia strategy*. Available from: <https://www.gov.uk/government/publications/living-well-with-dementia-strategy> [Accessed 4th June 2015].

Smith A. *Making mathematics count: the report of Professor Adrian Smith’s inquiry into post-14 mathematics education*. London: The Stationery Office; 2004.

### **Tables**

Tables should be self-explanatory. All tables must have a title placed above the table. Identify tables with Arabic numbers; the word Table should be bold and Capitalized the first letter. Cite each table in the text in the order in which it appears. No borderlines or gridlines should be shown on the tables except the top and bottom lines of table headings and the bottom line of the table as shown in the below example

**Table 1:** Demographic characteristics of the participants

<b>Variable</b>	<b>No.</b>	<b>(%)</b>
Gender		
Male	102	(48.3)
Female	109	(51.7)
Age group		
≤20 years	65	(30.8)
> 20 years	146	(69.2)
<b>Total</b>	<b>211</b>	<b>(100)</b>

## Figures and illustrations

All figures must have a title placed below the figure. All figures with Arabic numbers (e.g. Figure 1: Gender variations). Cite each figure in the text in the order in which it is to appear. Charts and drawings must be professionally done, duly titled and submitted in Excel format as separate files. When charts are submitted, the numerical data on which they were based should be supplied.

## Abbreviations

Except for units of measurement, abbreviations should be defined on first use and then applied consistently throughout the article. Non-standard abbreviations or those appearing fewer than three times are not accepted. Use abbreviated units of measure, only when used with numbers.

## Numbers and Units

Measurements of length, height, weight and volume must be reported in metric units (meter, kilogram, liter, etc.) or their decimal multiples. The temperature should be given in degrees Celsius. Blood pressure in mm Hg, and hematological and biochemical measurements in International (IU) units. Use a comma for numbers > 10,000 and do not use a comma for numbers <9999, (e.g., 6542).

## Name of Drugs

Non-proprietary (generic) names of the product should be employed. If a brand name for a drug is used, the British or international non-proprietary (approved) name should be given in parentheses. The source of any new or experimental preparation should also be given.

## Submission of a manuscript

Submission should be made online through the [online submission system](#).

## Contact

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## PROCESS SYSTEM

