

<b>Workshop topic</b>	<b>Self-concept</b>	<b>Three hours/day</b>	<b>Two days</b>	<b>6 - 7 / 10 / 2019</b>	<b>Location</b>	<b>College of Pharmacy</b>
<b>Learning objectives</b>	<ul style="list-style-type: none"> <li>• Draw a picture of where you want to go.</li> <li>• How you can change the outer world</li> <li>• Meaning of personal score</li> <li>• Life's question</li> </ul>					
<b>Main Goal</b>	<b>Objectives</b>	<b>Key topics</b>	<b>Activities</b>	<b>Time</b>		
<b>Change in Thinking</b>	<b>Thinking is The most Valuable &amp; Important Skill</b>	Personal Score Attitude & Output	Questioning	1 hour		
	<b>Thinking Principles</b>	Strategic Thinking Principles	Questioning + Story	1 hour		
<b>Knowledge</b>	<b>Draw a picture of where you want to go</b>	Sources of Self concept	Questioning + video	2 hours		
	<b>Principles of self-concept</b>	Self-ideal Self-image Self-esteem	Participating as a groups			

<b>Skill</b>	<b>Goal setting skill Determine Self-management skill</b>	GOSPA method Prieto Principle	Participating as a groups	1 hour	
<b>Habit</b>	<b>Determine your Locus of Control</b>	Life changing exercise	Questioning + video	1 hour	
	<b>Determine your Action System</b>	ABCD Method	Questioning		

**Universities:**

The universities will get experienced and well-informed individuals who are essential for the growth of the education system.

**Contributors:**

Will gain new insights and techniques regarding setting goals, self-image, and self-esteem, which lead to a better performance and an increase output.

**Direct  
beneficiary**

**Students**

Will get acquainted with a professional teaching staff leading to an increased self-confidence and happiness.

**Ministry of higher education**

Through this type of activities Ministry of higher education face some of expert person and can achieve important things that cannot get easily.

**Government**

Will grow and get better output through getting prominent people from all aspects of life.

**Indirect  
beneficiary**

9 -Maximum Achievement (Brian Tracy)	1 - Seven Habit (Stephen Covey)	<b>References</b>
10 -Kiss That Frog (Brian Tracy)	2 -Habit 8 (Stephen Covey)	
11 -Eat That Frog (Brian Tracy)	3-Three Things Successful People Do (John . Maxwell)	
12 -Plight plan (Brian Tracy)	4-Thing Big Trump -	
13 -The Go Giver (Bob Burg & John David)	5 -Find your balance point (Brian Tracy)	
14 -Think and Grow Rich (Napoleon Hill)	6 -How the best leaders lead (Brian Tracy)	
15 -Selling to the C-Suite (Nicholas A. C. and Stephen J.)	7 -Change your thinking change your life (Brian Tracy)	
16 -Thoughts to build on (Kop meyer)	8 -Goal setting (Brian Tracy)	